

# MEDICAL ASSISTANCE IN DYING



Lawyers for the journey ahead

If you or a loved one is contemplating Medical Assistance in Dying, compassionate and professional support is available for you. The information below can serve as a guide for you and your loved ones to approach this difficult situation.

## **The First Step – Contact the Medical Assistance in Dying Coordinator**

Schedule a meeting with their doctor or nurse and ask that they set them up with the Medical Assistance in Dying Care Coordination Service at [maid.careteam@ahs.ca](mailto:maid.careteam@ahs.ca) which will guide them through the process of formally requesting assistance.

## **The Second Step – Ask your Coordinator for and submit the Form**

The Medical Assistance in Dying Coordinator will provide you with an updated version of the form to fill out, which is referred to as the Record of Request. Please refer to the [Alberta Health Services website](#) for an example of the form and for a guide on how to complete the form.

## **Must meet the Eligibility Requirements set out in Bill C-7:**

241.2 (1) A person may receive medical assistance in dying only if they meet all of the following criteria:

- a) they are eligible — or, but for any applicable minimum period of residence or waiting period, would be eligible — for health services funded by a government in Canada;
- b) they are at least 18 years of age and capable of making decisions with respect to their health;
- c) they have a grievous and irremediable medical condition;
- d) they have made a voluntary request for medical assistance in dying that, in particular, was not made as a result of external pressure; and
- e) they give informed consent to receive medical assistance in dying after having been informed of the means that are available to relieve their suffering, including palliative care.

(2) A person has a grievous and irremediable medical condition only if they meet all of the following criteria:

- a) they have a serious and incurable illness, disease or disability;
- b) they are in an advanced state of irreversible decline in capability; and
- c) that illness, disease or disability or that state of decline causes them enduring physical or psychological suffering that is intolerable to them and that cannot be relieved under conditions that they consider acceptable.

Contact 811 Health Link for answers to all additional questions or for further support resources.